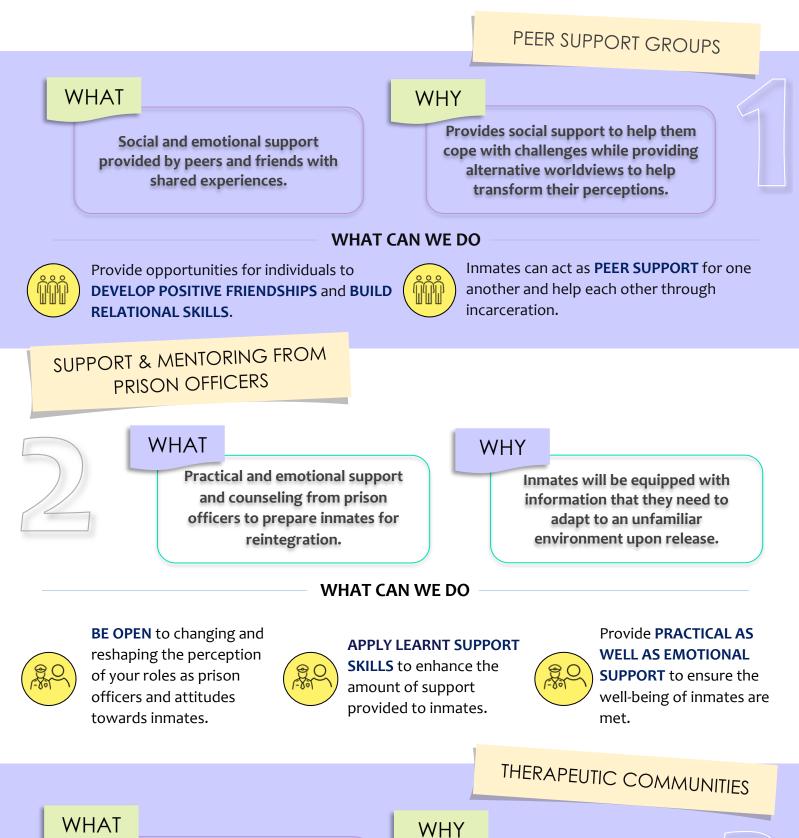
RESEARCH DIGEST

MAXIMISING ENGAGEMENT WITH INMATES AND ITS BENEFITS

JUNE 2023 Issue Jasmine Cheah, Fann Jiang & Shaleni Vithya

This infographic summarises some of the ideas SPS has adopted to maximise engagement with inmates through relational development and how they might benefit inmate rehabilitation.

RELATIONAL DEVELOPMENT



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Therapeutic community is a group-

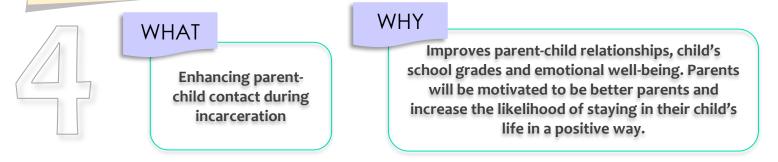
based therapy strategy that aims to help troubled people understand, overcome, or reduce symptoms of mental health issues in a carefully designed and maintained social community. Therapeutic communities provide a channel for social support and interventions to reduce symptoms of mental, personality, psychological and emotional disorders.

WHAT CAN WE DO



Encourage **ACTIVE PARTICIPATION AND CONTRIBUTION** in group psychotherapy and the specific activities of therapeutic benefit.

PRISON CONTACT MAINTENANCE PROGRAM



WHAT CAN WE DO



ENCOURAGE INMATES to participate in programs that would allow incarcerated parents to **IMPROVE THEIR PARENTING SKILLS** and facilitate **PARENT-CHILD RELATIONSHIP** by applying the skills learnt.



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