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RESEARCH DIGEST

From Relapse to Desistance: The Process of Desistance for Female Drug Offenders



For offenders, Desistance is a journey filled with ups and downs, that involves multiple relapses before one successfully stays crime-free.

How can we identify 'successful desisters'?

What desisters have that drug reoffenders don't:



Compared to MALE drug desisters,



FEMALE drug desisters emphasise more *relational factors* for change, such as:

How can we help?



Motivation to change for **family & children**



Emotional connectedness with **significant others**



Willingness to receive supervision provided by **significant others**

When working with female repeat drug abusers,



Use a **strength**-**based** approach



Tailor interventions that meet an individual's multiple needs



Help them build a strong **social support** system



Change is difficult - set realistic goals and be encouraging!

The Research Digest is intended to communicate research findings conducted in SPS and promote the use of research and evaluation to inform policy and practice. For more information on this issue, please contact: \bowtie pris_research_evaluation@pris.gov.sg

